## A Mothers Story; a virtual presentation Submitted by Twyla Gilroy for the South Parkland FASD Collaborative



On September 16 the South Parkland FASD Collaborative offer tobacco to Elder Bev Harvey to share her story. Participants from around the province joined the virtual platform to listen to Bev.

We opened with a land acknowledgement and a short introduction to Bev.

Bev walked us through her early life experiences and into her adult life, including the good, the bad, and the ugly. Her story led us to better understand how her life unfolded the way it did, and why she turned to substance use. Viewers experienced a rollercoaster of emotions as they listened; pain and heartbreak, guilt and shame, followed by finding healing, joy, and hope in her life today.

We had a short question and answer period following Bev's talk. At the conclusion we held a door prize for a gift card for those in attendance.

Bev loves to share her story. She hopes that it brings listeners understanding, healing, and acceptance. She wants women to know they are not alone in their experiences, and that there is hope for the future.

No stigma. No shame.