

A Publication of the Committee on Alcohol and Pregnancy

COMMITTEE ON ALCOHOL & PREGNANCY UNDERGOES TRANSITION

The Committee on Alcohol and Pregnancy (CAP) is coming to the end of its three year funding term. The project has been very successful in accomplishing its goals. A brief review of the initiatives and accomplishments of the project include:

- **Northern Consultations:** A total of 32 consults took place involving over 60 communities and 1500 participants. Consults were designed in discussion with community groups, with speakers, and some other resources, provided by the CAP.
- **FAS Resource Centre Database:** A total of 984 members had been entered into the database by December of 1996. 32% of those entered resided in Winnipeg, the remainder resided elsewhere in the province. 24% reported that they provided service to FAS individuals. There was good representation from all professions, and also from parents.
- **Canadian Centre on Substance Abuse (CCSA) statistics:** Statistics from the CCSA show that Manitoba is still requesting more information per capita than elsewhere in Canada (almost double the rate of the rest of the country).
- **Community Initiatives Project:** Eight projects were funded. Projects range from assisting in the formation of local FAS committees, to production of a video and brochures for high-risk teens.
- **Educational Materials:** Several resources have been produced including: a Directory of FAS services for MB., a training manual, a review of post secondary curricula, an FAS newsletter, family resource booklets, resource kits for teachers, nurses and physicians, and two P.S.A.'s (one in Cree). The CAP was also a co-signatory of the Joint Statement "Prevention of FAS/FAE in Canada" released by Health Canada and the Canadian Paediatric Society.
- **FAS Coordinators Informal Meeting:** - A meeting of 10 coordinators representing seven provinces/territories took place in Winnipeg in December 1996. The meeting focused on improved national networking and sharing resources.

Several projects are underway, but have not yet been completed. These include:

- **Manitoba Needs Assessment Survey** - a survey is being administered to individuals and organizations interested in FAS to determine gaps in service in MB.
- **Healthy Baby Month Awareness Campaign** - the second annual campaign to promote awareness of FAS is underway.

A recent evaluation of the project stated that most CAP members interviewed felt the CAP met their organizational goals. Many members felt that new programs were developed by their organization because of the CAP. They reported that CAP increased their contact with other groups and assisted in the coordination of activities. Most members felt that CAP should continue, and that they would continue to be involved in it in the future.

The CAP is currently transitioning projects to self sufficiency. Four working groups will be established from the existing initiatives. Coordination and networking will be provided by a core committee with representation from each working group.



Four working groups will be established from the existing initiatives

FUNDERS SOUGHT TO SUPPORT NEW FAS/FAE INITIATIVES

The Committee on Alcohol & Pregnancy has determined that private and corporate donors will be required to continue with the current level of initiatives on FAS/FAE. The Chairperson of each new working group has been charged with obtaining funding for the new initiatives in that area. Mr. Zenon Lisakowsky, chair of the Resource Working Group, states: "Government funding is becoming increasingly difficult to obtain, and we realize that it is necessary for projects such as these to move toward self-sufficiency." Individuals from the community and the corporate sector with expertise in establishing funding partnerships are invited to become involved. Please contact Mr. Zenon Lisakowsky at 944-6358 or Mr. Dale Kendel at 786-1607 for more information

CONFERENCES

Community FAS Seminar - The Coalition on Alcohol and Pregnancy is planning to coordinate a seminar in the fall of 1997 featuring **Dr. Anne Streissguth** from Washington, Seattle. Dr. Streissguth has been at the forefront of FAS/FAE research and initiatives for many years. The seminar will include sessions for health care providers and researchers, as well as a community seminar of interest to parents and professionals. Details will be published in a future newsletter as planning is confirmed. For information contact Mr. Dale Kendel at 786-1607.

6TH ANNUAL ST. AMANT CENTRE CONFERENCE

**Research and Applications
Related to Developmental Disabilities**

**Supporting Individuals With
Challenging Behavior: Causes,
Treatments, Ethics**

**October 9 & 10, 1997
International Inn
Winnipeg, MB, Canada**

Call for Papers - all submissions must be postmarked by **April 1/97**

For more information or to receive a conference registration package, call St. Amant Centre at (204) 256-4301 ext. 306

FOUR NEW WORKING GROUPS CREATED

RESOURCES, PREVENTION & COMMUNICATION WORKING GROUP

This working group will be sponsored by the Addictions Foundation of Manitoba, located at 1031 Portage Avenue in Winnipeg. It will focus on maintaining the existing FAS/FAE Resource and Information Centre, and also will continue to operate the FAS/FAE Database. Resources in the Foundation's William Potoroka Memorial Library will be enhanced to ensure that the best and most current resources on FAS are available to the public. The services provided by the FAS/FAE Resource Centre and the library are available on a province wide basis. The Resource Centre will continue to maintain, and enhance, links with other provincial and national organizations, and individuals interested in FAS/FAE. The Manitoba FAS News will continue to be published and distributed to Manitobans. In addition, this working group will investigate training schemes for various professional organizations in the province, will organize and host occasional educational events, seminars, and community consults related to FAS/FAE and will develop a program of prevention initiatives targeting high-risk populations.

To become involved with the initiatives of this working group, please call Mr. Zenon Lisakowsky at 944-6358.

PARENT & FAMILY SUPPORT WORKING GROUP

The Association for Community Living will sponsor this group whose focus will be on the needs of parents and caregivers of children with FAS/FAE. The working group will be a contact for general and crisis responses to families. They will continue to develop multi-media resources, and will organize periodic public educational events. Support to advocacy efforts in the province will be a major focus for the group. The Healthy Baby Month Campaign will continue to be organized by the Parent & Family Support group.

The Association for Community Living is located at 210-500 Portage Avenue, Winnipeg, Manitoba. To become involved with this group, or for information, please call Mr. Dale Kendel at 786-1607.

EDUCATION WORKING GROUP

The Education Working Group includes individuals and professionals interested in the education services offered to children with FAS and FAE. Dialogue with teaching staff is an important focus of this group. The working group has begun a networking process with teachers in Manitoba, and is interested in developing a resource kit for Manitoba teachers. The working group will identify target groups needing education and training, and will design educational initiatives. School and professional curricula will be investigated. Future initiatives will focus on establishing key teachers as resource people across the province, and investigating school curriculums.

To become involved with this initiative, or for information, contact Mr. Barry Russell at 786-5601.

DIRECT SERVICES WORKING GROUP

The Direct Services Working Group will focus on providing a provincial scope for service development in response to children, youth and adults affected by FAS/FAE and their families. They will liaise with other service providers to provide coordination, to fill gaps in services and to avoid service overlaps. Treatment issues for high risk women and teens will be addressed by this group. Currently, a provincial needs assessment survey is being designed. The survey will look at the existing coordination of FAS/FAE services and will investigate the gaps in direct services.

For information, or to become involved in this initiative contact Mr. Don Shackle at 582-8658.

A Prevalence Study of Fetal Alcohol Syndrome and Fetal Alcohol Effects in One American Indian Community in Canada

A study funded by Health Canada and the Canadian Pediatric Society was completed by Dr. Ab Chudley and Dr. Michael Moffat, along with graduate student Ms. Deborah Kowlessar. The study was conducted to determine the prevalence of clinically recognizable FAS and FAE in a Manitoba community. The study included 179 out of 243 school aged children ranging from 5 to 15 years of age. The study was carried out as a collaboration with the community leaders and school authorities.

Methods: A community member visited the homes of each of the children on the school list, explained the study to the parents, and obtained informed consents. Information regarding the use of alcohol, tobacco, and other drugs during pregnancy, was obtained from the mother, for each child that was enrolled in the study. A dysmorphologist, blind to exposure data, assessed the children at the school and categorized them as normal, dysmorphic, possible FAS or possible FAE based on dysmorphology alone. A case was confirmed if both exposure and dysmorphology was positive.

Results: 13 children were assessed as possible FAS, and another 13 as possible FAE. When exposure data was examined 11/13 possible FAS children had confirmed alcohol exposure as did 6/13 possible FAE children. Conservatively this means that 17 children had features of alcohol related damage.

Conclusions: In this particular community, which is not unique among Aboriginal communities, 9.5% (17/179) of the school aged population is affected by alcohol exposure. This must have an enormous impact on both the educational system and community development.

FAS /FAE FAMILY SUPPORT BOOKLETS CIRCULATED:

The Family Support Working Group has completed the first two booklets, in a series of five, for families. The booklets are available to families at *no charge*. To order please remit this form to: Association for Community Living MB., 210-500 Portage Avenue, Winnipeg, MB. R3C 3X1. Or by Fax. to 204-789-9850. For more information call Nadine at 786-1607.

ORDER FORM: Fetal Alcohol Syndrome/Effects (5 Booklet Series)

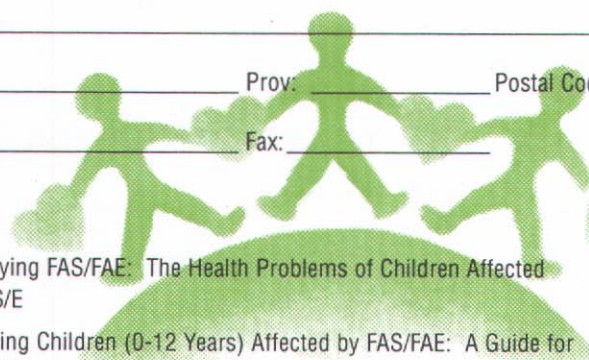
Name: _____

Address: _____

City: _____ Prov: _____ Postal Code: _____

Phone: _____ Fax: _____

- | | |
|--|-------|
| <input type="checkbox"/> Identifying FAS/FAE: The Health Problems of Children Affected by FAS/E | _____ |
| <input type="checkbox"/> Parenting Children (0-12 Years) Affected by FAS/FAE: A Guide for Daily Living | _____ |
| <input type="checkbox"/> Parenting Adolescents Affected by FAS/E: A Guide for Daily Living | _____ |
| <input type="checkbox"/> Educational Approaches for Children with FAS/E: A Guide for Caregivers | _____ |
| <input type="checkbox"/> Working with FAS/E Adults | _____ |



Quantity Requested

LIST OF AVAILABLE RESOURCES IN MANITOBA

The following is a partial listing of resources developed in Manitoba:

FAS/E Resource Centre & Database - Located at the Addictions Foundation of MB., call 944-6358

Directory of Treatment & Services - Published by the AFM annually, call the AFM Library at 944-6233

Extensive Video & Library holdings - The William Potoroka Memorial Library, located at the AFM, 1031 Portage Avenue, for more info call 944-6233 (tel), or 772-0225 (Fax).

Train the Trainer Program - Offered by the AFM, for info call Mr. Zenon Lisakowsky at 944-6358.

Resource Packages:

for Physicians - Contact the Manitoba Medical Association, 985-5888

for Nurses - Contact the Manitoba Association of Registered Nurses, 774-3477

for Teachers - Contact Ms. Kathy Jones, 582-8658

for Families - Contact Mr. Dale Kendel, 786-1607

Position Statements:

Nursing Association - Contact the Manitoba Association of Registered Nurses, 774-3477

Physicians - Contact the Manitoba Medical Association, 985-5888

Association for Community Living - contact Mr. Dale Kendel, 786-1607

Assembly of Manitoba Chiefs - contact Audrey Leader, 956-0610

Public Service Announcements: English and Cree Video - contact ACL MB. 786-1607

Manitoba Medical Assoc. Video - Contact the MMA 985-5888

Radio Announcement - contact ACL MB. 786-1607

Videos for Teens - "One Drink Won't Hurt My Baby - Will It?" and "The FAS Quiz Show" - contact ACL MB. 786-1607

FEN Teleconference Videos & Handouts - contact ACL MB. 786-1607

Brochures - several brochures have been developed, contact the AFM Library at 944-6233

Posters - several posters have been developed, contact the AFM Library at 944-6233

Newsletters - "The Manitoba FAS News" - Contact the FAS Resource Centre at 944-6358

"Tightrope" - for families - Call Interagency FAS Project at 582-8658.

T-shirts - contact the Cranberry Portage Child/Family Resource Centre at 472-3671

COMMITTEE ON ALCOHOL AND PREGNANCY

The Committee on Alcohol and Pregnancy (CAP) was established by the Manitoba Medical Association in 1993 to develop a Manitoba FAS/FAE Network and to promote FAS/FAE initiatives in Manitoba. CAP's members represent a diverse cross-section of individuals, groups, and communities. They participate on behalf of parents (including birth, adoptive and foster) and professionals in the health, education, social service and correctional sectors.

Direct correspondence to:

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The AFM *Directory of Manitoba Addictions Services and Programs* lists organizations which provide chemical dependency programs and services throughout the province. The *Directory* is available by contacting Library Services at 944-6233.

MANITOBA CONTACTS & SERVICES

The following is a partial list of some of the organizations in the province providing services for FAS/FAE.

1. Adolescent Parent Interagency Network - Teen Parenting Services - Winnipeg, MB. - contact Beth McKechnie at 339-0247.
2. Assembly of Manitoba Chiefs Health Committee - contact Audrey Leader at 956-0610.
3. Birdtail Sioux Health Office - Pre and Postnatal Teaching Sessions - Beulah, MB. - contact Lynn Stowe at 568-4545.
4. Brandon Friendship Centre - In A Good Way Program - Brandon, MB. - contact Noreen Bailey at 727-1407.
5. Child Day Care Norman Region - Children With Disabilities Program - Flin Flon, MB. - contact Deb Odegaard at 687-9718.
6. Child/Family Resource Centre - Children's Development Centre - Cranberry Portage, MB. - contact Wendy Trylinski at 472-3671.
7. Children' Special Services & Community Living - Brandon, MB. - contact Debby Coombs at 726-6173.
8. Children' Special Services & Community Living - Thompson, MB. - contact Darlene Mulholland at 677-7259.
9. Children's Special Services - FAS/FAE Outreach Team - Winnipeg, MB. - contact Ruth Loepky at 945-7324.
10. Committee on Alcohol & Pregnancy: Resources Working Group contact Zenon Lisakowsky at 944-6358, Family Support Working Group contact Dale Kendel at 786-1607, Education Working Group contact Mr. Barry Russell at 786-5601, Direct Services Working Group contact Mr. Don Shackle at 582-8658.
11. Community Health Clinic - Medical and Support Services - Ebb & Flow, MB. - contact Liz Sarin at 448-2665.
12. Cree Nation Tribal Health Centre - The Pas, MB. - contact Nellie Erickson at 623-7810.
13. Dauphin/Ochre School - School Consultation Services - Dauphin, MB. - contact Larry Budzinski at 638-3001.
14. FAS Diagnostic Clinic, Wpg. Children's Hospital - contact Deb Helander at 787-2424.
15. Fetal Alcohol Spectrum Today - Support Group - Brandon, MB. - contact Lynne White at 728-8738.
16. Fetal Alcohol Support Network of MB. - Support Group - Winnipeg, MB. - contact Kathy Enns at 633-0853.
17. Flin Flon/Creighton FAS/E Committee - Flin Flon, MB. - contact Janet Modler at 687-9710.
18. Focus on Employment - Employment Assistance Program - Swan River, MB. - call 734-9675.
19. Frontier School Division - Resource Program - Norway House, MB. - contact Liz Braun at 359-6711.
20. Genetics Clinic, Wpg. Children's Hospital - contact Wendy Stoeber at 787-2494.
21. MacDonald Youth Services - Alternative Parent Home Program - Winnipeg, MB. - contact Brian Ridd at 477-1722.
22. Manitoba Child Day Care - Integration Program - Winnipeg, MB. - contact Eleanor Chornoboy at 945-7272.
23. Medical Services Branch - NADAP Program - contact Dennis Parent at 983-4199.
24. Mount Carmel Clinic - Interagency FAS/FAE Program - Winnipeg, MB. - contact Don Shackle at 582-8658.
25. Native Ministries - Support & Information Program - Riverton, MB. - contact Neill Von Gunten at 378-2930.
26. Pregnancy Distress Service - Emergency Shelter Program - Winnipeg, MB. - contact Rosemary Craig Shariff at 772-9091.
27. Rehabilitation Centre for Children - Winnipeg, MB. - contact Heather Mutcheson at 452-4311.
28. St. Amant Centre - Community Support Program - Winnipeg, MB. - call 256-4301.
29. Society for Manitobans with Disabilities - Children's Program - Winnipeg, MB. - contact Anne-Marie Davis at 786-5601.
30. Swan River FAS Committee - Swan River, MB., contact Laura Machan at 734-2692.
31. The Pas Fetal Alcohol Syndrome Committee - contact Terri Lynn McKee at 623-4841.
32. Univ. Of MB. Faculty of Medicine - Rehabilitation Clinic & Research Centre - Winnipeg, MB., contact Karen Penner at 789-3674.
33. Winnipeg Child & Family Services - Services to Children in Care Program - Winnipeg, MB., contact Frances Mitchell at 944-4370.
34. Women's Health Program - Women's Centre - Winnipeg, MB. - contact Karen Ingebrigtsen at 787-2748.