

# M A N I T O B A F.A.S. NEWS

FETAL • ALCOHOL • SYNDROME

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A Publication of the Committee on Alcohol and Pregnancy

## ANNOUNCING . . . HEALTHY BABY MONTH FEBRUARY 14 to MARCH 15

The Committee on Alcohol and Pregnancy (CAP) is an interagency committee focussed on promoting FAS/FAE initiatives in Manitoba. As part of a broad awareness strategy on FAS, a Healthy Baby Month initiative has been created. The promotion is targeted for February 14 - March 15, 1996 to encourage organizations and individuals interested in FAS/FAE to become involved in a coordinated public awareness campaign.

Many groups throughout the province are volunteering their time and expertise to help raise public awareness of FAS/FAE and to make Healthy Baby Month a success. Representation in various communities includes health care workers, schools, youth leaders, physicians and concerned citizens. Individuals or groups are encouraged to get involved in the fight against FAS/FAE. Remember . . . Fetal Alcohol Syndrome is 100% preventable if alcohol is not consumed during pregnancy.

Some organizations have already developed and organized activities such as: panel discussions and workshops; announcements of planned activities; the development of a series of television public service announcements; a poster campaign with prizes; high school essay contests; and many other activities.

If you wish to initiate an activity in your community or require further information on FAS/FAE contact: Mr. Clarence Nepinak, Chairperson, Healthy Baby Month: (204) 983-4605 or (Fax) 983-6018 AND/OR Ms. Krista Mailey, Contact Person, Healthy Baby Month: (204) 947-1118 or (Fax) 949-1464.

## PSA TO AIR IN NORTHERN MANITOBA

With production of the public service announcements nearing completion, the Committee on Alcohol and Pregnancy has taken one step forward in making northern Manitoba residents aware of the impact of alcohol on pregnancy. A focus group was tested, a script developed and filming in both English and Cree completed at the Children's Clinic, Health Science Centre in September. Dr Marlyn Cook and Ivan Spence, RN volunteered their time and services to deliver the message of the Committee on Alcohol and Pregnancy on film. Mr Larry Krotz of Karante Productions with assistance from Frontier School Division, and the Program Development Branch - School Programs Division - Manitoba Education and Training, will edit and prepare the material for airing between December 10th and February 14th.



*Producer Larry Krotz of Karante Productions with Dr Marlyn Cook of Cross Lake and nurse Ivan Spence of Garden Hill share some quips as they prepare to film FAS/FAE public service announcements.*

In an effort to foster local initiatives and to promote an effective and active northern network for addressing FAS/FAE the development of CAP's Community Consultations continues in Manitoba's north. Most recently, Nelson House organized an event on October 18th, 1995 which resulted in the formation of an FAS Committee. Contact: Valde Francois at (204) 484-2341 for information.

A Seminar is being planned for the communities of Sagkeeng/Fort Alexander/Pine Falls on November 17th, 1995 (Contact: Jerry Courchene 204-367-2208); also in Little Saskatchewan on November 23rd, 1995 (Contact: Isabella Sumner 204-659-4403).

Still in the planning, are information sessions in South Indian Lake (contact Joan Soulier 204-374-2134); Hollow Water (contact Louise Raven 204-363-7302); Ebb & Flow (contact Liz Sarin 204-448 2665); Norway House and Thompson.

If your community would like to host an event on FAS/FAE and you would like information about the Northern Community Consult Project, please contact Mr. Dale Kendel at 204-947-1118.

## AN UPCOMING CONFERENCE February 24-25, 1996

Presented by the Family Empowerment Network this conference will cover topics of concern to families affected by FAS/FAE and the professionals involved with them including: sexuality/puberty and the child with FAS/FAE; legal issues and concerns for individuals; assessment and diagnosis; long term expectations; the Starchild Quilt Project.

Speakers include Dr. Robin LaDue, University of Washington-Seattle, and Antonia Rathbun, MA, ART, Therapist/Consultant in Portland, Oregon.

Contact: Family Empowerment Network, 610 Langdon St., room 521, Madison, WI 53703.

Phone: 1-800-462-5254 or Fax: (608) 262-6590.

## PROGRAM PROFILES

### Children's Hospital FAS Clinic

The Children's Hospital FAS Clinic takes place in the Child Development Clinic Children's Hospital, Winnipeg, on a weekly basis. The Clinic is a diagnostic service which provides a combined child development, genetics and occupational therapy assessment and treatment recommendations. Subsequent to a diagnostic assessment, appropriate referrals are made, largely to Community based agencies. The FAS Clinic works quite closely with the FAS Outreach Program initiated this past year by Health & Family Services, Winnipeg Region. Because of limited resources, the Clinic focuses on children 6 years of age and younger, many of whom, who are referred internally through the hospital, although an ever increasing number are being referred from the Community.

*For more information contact: Ms Debbie Helander, Child Development Clinic (204) 787-2424.*

### Flin Flon-Creighton FAS/FAE Committee

The Flin Flon-Creighton FAS/FAE Committee consists of representatives from the Addictions Foundation of Manitoba, Family Services, Public Health, the Friendship Centre, hospital employees, schools and parents. To date, the Committee has organized an information centre and held a workshop for parents, teachers and caregivers working with children with FAS/FAE.

The Committee is currently in the process of implementing the recommendations of the Northern Community Consultation evaluation. Activities forthcoming will promote family support and community education and prevention, as well as provide an outreach component to: Flin Flon, Creighton, Denare Beach, Sherridon, Cold Lake, Cranberry Portage and Snow Lake. This has been made possible by a Community Initiatives Grant from the Committee on Alcohol and Pregnancy.

*For more information contact: Ms. Leslie Ginnell, Flin Flon Friendship Centre (204) 687-3900 Ms. Janet Modler, Children's Special Services (204) 687-9710*

### F.A.S. Outreach Team

The FAS Outreach Team is an initiative of Children's Special Services (Department of Family Services). After a year of planning and coordination, the programme has officially been in operation since April, 1995. The Outreach Team was designed to provide services to children, from birth to Grade One who have a diagnosis for FAS or FAE and who reside in Winnipeg. Specifically, the objectives of the Outreach Team are to provide: behavioural and developmental services to children in their

homes, daycares, and schools; support to families and care-givers of alcohol-affected children; public and professional education regarding issues related to FAS/FAE; case coordination; community liaison; short term consultation to other agencies. The St. Amant Centre Community Outreach has recently offered their support to this programme in the form of occupational, physio, and speech therapy consultation.

At the present time, approximately 20 clients are receiving direct service from the team. Another 8 children participated in the FAS Summer Programme which was operated by the Child Development workers, who provided skill development and individualized recreation for the children.

*For more information contact: Ken Garroni, Programme Manager, Children's Special Services (204) 945-7324.*

## FAMILY SUPPORT

Families affected by FAS/FAE are invited to be part of an Educational Teleconference Network (ETN) Series exploring issues of concern to families affected by FAS/FAE. This ETN Series transmitted from Wisconsin also welcomes Health Care Professionals, Educators and Social Service Providers.

The programme over the next few months includes:

*Educational Alternatives: Are the Public Schools All We Have to Offer?*

Diane Malbin, MSW - Thursday, December 14, 1995

*Alternative Therapies for Working with Children: Art and Music*

Panel Presentation - Thursday, January 11, 1996

*Attention Deficit/Hyperactivity Disorder*

Calvin Sumner, MD - Thursday, February 8, 1996

*National Resources Available to Parents and Professionals*

Panel: Arc-National, FEN, Fetal Alcohol Education Program, & Others  
Thursday, March 14, 1996;

*Family Sharing and Support,*

Panel: Parents, Grandparents Siblings and Individuals Affected  
Thursday, April 11, 1996

*Discussion and Dialogue: What Makes FAS/FAE so Different?*

Raymond Kessel, PhD - Thursday, May 9, 1996.

The Sessions will be held from 7:30 to 8:50 pm (Central Time) in four locations across Manitoba. To register and for more information contact:

Nadine Rodger (204) 947-1118 ..... Association for Community Living (Winnipeg)

Arlene Giffith (204) 859-2311 ..... Waywayseecappo (Russell)

Joe Warrener (204) 734-9114 ..... Swan River

Carol Stevens (204) 627-8226 ..... The Pas

## COMMUNITY INITIATIVES

The Committee on Alcohol and Pregnancy announces funding support totalling \$38,200 awarded to six projects, under the Community Initiative Grants Programme:

- The Pas Inter Agency FAS/E Committee to initiate Prevention, Community Action, Training and family support activities. Contact: Susan Crockett (204) 627-8236 or Terralyn McKee (204) 623-4841;
- The MARN for the development and distribution of FAS/E material to the nursing profession. Contact: Sandra Murray (204) 774-3477 or 1-800-665-2027;
- Flin Flon-Creighton FAS/FAE Committee to develop resources, school presentations, and community events to create an awareness of FAS/E issues. This project involves six communities working together. Contact: Leslie Ginnell (204) 687-3900;
- The Adolescent Parent Centre in Winnipeg to create a "by teens for teens" video on FAS. Contact: Thelma Wood (204) 775-5440;
- Edmund Partridge Jr. High in Winnipeg to develop a brochure "FAS/E - Twenty Questions and Answers to help youth know the Facts - Know their Choices." Contact: Val McCorkell or Jennifer Janzen (204) 338-9373;
- The Association for Community Living - Manitoba to initiate a family support demonstration project. Eight rural families will be chosen and services of a planning, connecting, problem solving, resource finding nature will be offered. Contact: Nadine Rodger (204) 947-1118.



## FAS/FAE RESOURCES

The Addictions Foundation of BC is located in Whitehorse, 1831 Portage Avenue, F5G 0R8, phone: (204) 947-2225; (fax) 774-6225. Visit phone or fax the library for more information. The following resources would make an addition to the FAS/FAE Resource Library which can be purchased for approximately \$200. These items would be of interest to support groups, agencies and associations for parents, social workers, counsellors, educators and other professionals.

Alberta Alcohol and Drug Abuse Commission  
**Fetal Alcohol Syndrome Reference Binder**

Edmonton, ADAC, 1994. Includes a review of recent research on FAS/FAE for doctors and allied professionals and information sheets for the public, especially parents. Intended for photocopying and distribution. Available for \$25 from ADAC, 200-0909 Jasper Ave. Edmonton AB T5J 3M9.

George Anne, **Guide for Parents, Teachers and others: Caring for Children with FAS/FAE or NAS**

Vancouver, YWCA, Grace/Gomer Fetal Alcohol Syndrome, Neonatal Abstinence Syndrome Prevention Project, 1993. Available for \$18 from: YWCA, Finance Dept., 580 Burrard St., Vancouver BC V6C 2K9.

Atayman's **Guide to Fetal Alcohol Syndrome and Fetal Alcohol Effects: Developmental**

FAS/E Support Network to meet needs identified by parents and professionals. Available for \$12.50 (including shipping and handling) from FAS/E Support Network, 4826 Guilford Drive, Surrey, BC V3R 3M4. Tel: (604) 589-1954. Fax: 589-3438.

Kleinfield, Judith and Stobhan, **Wescott, Eds. 'Fantastic Antone Succeeds' Experiences in Educating Children with Fetal Alcohol Syndrome**. University of Alaska Press, 1993.

Includes Canadian material. Available for US \$23.50 soft cover, US \$33.50 hardcover. Send US money order to: NOPAS (National Organization on Fetal Alcohol Syndrome), 1815 H Street, NW, Suite 1000, Washington, DC 20006. Tel: (202) 785-4585.

Saskatchewan Institute on Prevention of Handicaps, **Fetal Alcohol Syndrome Resource Kit**

Saskatchewan Institute on Prevention of Handicaps, Saskatoon. Available for \$4.50 from: 1819 Colony Street, Saskatoon SK S7N 2Z4. Also lends videotapes on FAS. Tel: (306) 655-2512.

Shaskin, Rana, **FAE Parenting Children Affected by Fetal Syndrome - a Guide to Daily Living**. Foreword by Dr. Julianne Conry.

Vancouver, Society of Special Needs Adoptive Parents, 1994. Available for \$7.50 from SNAP, 1150-409 Granville St., Vancouver, BC V6C 1P2. SNAP also provides separate resource kits on FAS for parents, educators and professionals.

## COMMITTEE ON ALCOHOL AND PREGNANCY

The Committee on Alcohol and Pregnancy (CAP) was established by the Manitoba Medical Association in 1993 to develop a Manitoba FAS/FAE Network and to promote FAS/FAE initiatives in Manitoba. CAP's members represent a diverse cross-section of individuals, groups, and communities. They participate on behalf of parents (including birth, adoptive and foster) and professionals in the health, education, social service and correctional sectors.

Correspondence should be directed to: Committee on Alcohol and Pregnancy  
Manitoba Medical Association  
125 Sherbrook Street  
Winnipeg, Manitoba R3C 2B5  
(204) 786-7565 (Fax) 775-9696  
Attention: Ms Nykola Dubenski

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## FAS/FAE Resource & Information Centre

1031 Portage Avenue · Winnipeg, Manitoba · R3G 0R8  
(204) 944-6200 · (FAX) 772-0225

Welcome to the FAS/FAE Resource & Information Centre. When you complete this questionnaire your information will be placed on a FAS/FAE Network that will document services, resources, and Manitobans interested in FAS/FAE. The database will improve access to information for parents and professionals working in this area. A Resource Directory will be published listing Treatment Centres, Diagnostic Services, Parent Support Resources, and Prevention & Education Resources. Please provide any information that should be included in the Directory and return the completed form to us by mail or fax.

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: Manitoba      Postal Code: \_\_\_\_\_

Phone: (204) \_\_\_\_\_ Fax: (204) \_\_\_\_\_

1. Please check (✓) which category(s) applies to you:

- |  |  |
|--|--|
| <input type="checkbox"/> Educator            | <input type="checkbox"/> Health Care Provider        |
| <input type="checkbox"/> Student             | <input type="checkbox"/> Social Service Professional |
| <input type="checkbox"/> Native Organization | <input type="checkbox"/> Researcher                  |
| <input type="checkbox"/> Other               |  |
| <input type="checkbox"/> Parent:             |  |
| <input type="checkbox"/> birth parent        |  |
| <input type="checkbox"/> foster parent       |  |
| <input type="checkbox"/> adoptive parent     |  |

2. If you are parenting a child with FAS/FAE, may we provide your name to parent organizations or FAS professionals?     yes     no

3. If you represent an organization, does your organization provide services for FAS/FAE children?     yes     no

If yes, please describe the details of your program in 50 words or less.

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PLEASE RETURN THE COMPLETED FORM TO:  
FAS/FAE RESOURCE & INFORMATION CENTRE  
1031 Portage Avenue, Winnipeg, MB R3G 0R8